News Headlines

All inpatients with learning disability or autism to be given case reviews
Fish oil supplements have no effect on anxiety and depression
Mental health beds shortage ‘causing distress’
New social work roles to be created under community mental health framework
Oliver McGowan death prompts mandatory autism training
Teen self-harm: rates have decreased in Denmark – here’s what other countries can learn
All inpatients with learning disability or autism to be given case reviews

Reports

Service capacity in England
*Royal College of Psychiatrists, November 2019*

The detention of young people with learning disabilities and/or autism
*Joint Committee on Human Rights, November 2019*
National workforce plan for Approved Mental Health Professionals (AMHPs)
Department of Health and Social Care (DHSC), November 2019

‘Right to be heard’: the government’s response to the consultation on learning disability and autism training for health and care staff
Department of Health and Social Care (DHSC), November 2019

Universal approaches to improving children and young people’s mental health and wellbeing: short descriptions of interventions identified from the synthesis of systematic reviews
Public Health England, November 2019

Projections of older people living with dementia and costs of dementia care in the United Kingdom: 2019–2040
London School of Economics, November 2019

NICE Guidelines

Nothing new this month in mental health and social care

Research Articles

Addictions

Cerebellar alterations in cannabis users: A systematic review
Addiction Biology, 24:6 (2019)

What motivates people with substance use disorders to pursue treatment? A patient-centered approach to understanding patient experiences and patient-provider interactions
Journal of Substance Use, 24:6 (2019)

Mindfulness-based relapse prevention to reduce lapse and craving
Journal of Substance Use, 24:6 (2019)

Global patterns of opioid use and dependence: harms to populations, interventions, and future action
The Lancet, 394:10208 (2019)

ADHD/Autism

Non-pharmacological interventions for cognitive difficulties in ADHD: A systematic review and meta-analysis

Age at death and comorbidity of dementia-related disorders among individuals with autism spectrum disorder
Advances in Autism, 5:4 (2019)

UK parents’ experiences of their child receiving a diagnosis of autism spectrum disorder: A systematic review of the qualitative evidence
Autism, 23:8 (2019)

Parents’ views and experiences of talking about autism with their children
Autism, 23:8 (2019)
Meta-analysis of naturalistic developmental behavioral interventions for young children with autism spectrum disorder
*Autism, 23:8 (2019)*

Relative age and ADHD symptoms, diagnosis and medication: a systematic review
*European Child & Adolescent Psychiatry, 28:11 (2019)*

### Anxiety Disorders

Comparative efficacy and acceptability of first-line drugs for the acute treatment of generalized anxiety disorder in adults: A network meta-analysis
*Journal of Psychiatric Research, Volume 118 (2019)*

Relationship between obsessive compulsive disorder and cortisol: Systematic review and meta-analysis
*European Neuropsychopharmacology, 29:11 (2019)*

### Child and Adolescent Mental Health

Clinical Stage Transitions in Persons Aged 12 to 25 Years Presenting to Early Intervention Mental Health Services With Anxiety, Mood, and Psychotic Disorders
*JAMA Psychiatry, 76:11 (2019)*

Symptoms of posttraumatic stress disorder among targets of school bullying
*Child and Adolescent Psychiatry and Mental Health, 13:43 (2019)*

Outcomes of young people who reach the transition boundary of child and adolescent mental health services: a systematic review
*European Child & Adolescent Psychiatry, 28:11 (2019)*

Review: Transition from Child and Adolescent Mental Health Services (CAMHS) to Adult Mental Health Services (AMHS): a meta-synthesis of parental and professional perspectives
*Child and Adolescent Mental Health, 24:4 (2019)*

Review: The effectiveness of interpersonal psychotherapy for adolescents with depression – a systematic review and meta-analysis
*Child and Adolescent Mental Health, 24:4 (2019)*

### Dementia

Discrete effect of each mild behavioural impairment category on dementia conversion or cognitive decline in patients with mild cognitive impairment
*Psychogeriatrics, 19:6 (2019)*

Visual Arts Education improves self-esteem for persons with dementia and reduces caregiver burden: A randomized controlled trial
*Dementia, 18:7-8 (2019)*

Visioning change: Co-producing a model of involvement and engagement in research (Innovative Practice)
Depressive Disorders

Shared Neural Phenotypes for Mood and Anxiety Disorders
*JAMA Psychiatry, published online 30 October 2019*

Neuroimaging insights into the link between depression and Insomnia: A systematic review
*Journal of Affective Disorders, Volume 258 (2019)*

Depressive disorders in adolescence, recurrence in early adulthood, and healthcare usage in mid-adulthood: A longitudinal cost-of-illness study
*Journal of Affective Disorders, Volume 258 (2019)*

Bipolar disorder and depression in early adulthood and long-term employment, income, and educational attainment: A nationwide cohort study of 2,390,127 individuals
*Depression and Anxiety, 36:11 (2019)*

Risk of non-affective psychotic disorder or bipolar disorder in autism spectrum disorder: a longitudinal register-based study in the Netherlands
*Psychological Medicine, 49:15 (2019)*

Dual Diagnosis

Pharmacotherapies for co-occurring substance use and bipolar disorders: A systematic review
*Bipolar Disorders, 21:7 (2019)*

Simultaneous Use of Alcohol and Marijuana: Patterns and Individual Differences
*Substance Use and Misuse, 52:13 (2019)*

Eating Disorders

Body composition in anorexia nervosa: Meta-analysis and meta-regression of cross-sectional and longitudinal studies

Anxiety and depressive symptoms are related to core symptoms, general health outcome, and medical comorbidities in eating disorders
*European Eating Disorders Review, 27:6 (2019)*

Forensic Psychiatry

WARRN – a formulation-based risk assessment procedure for Child and Adolescent Mental Health Services (CAMHS): the view of clinicians
Learning Disabilities

**Intellectual disability and autism: socioeconomic impacts of informal caring, projected to 2030**

**A structured programme to withdraw antipsychotics among adults with intellectual disabilities: The Cornwall experience**

**Current evidence for the identification and management of premenstrual syndrome in women with intellectual disabilities: a systematic review**
*Advances in mental Health and Intellectual Disabilities, 4:2 (2019)*

**The impact of behavioural skills training on the knowledge, skills and well-being of front line staff in the intellectual disability sector: a clustered randomised control trial**
*Journal of Intellectual disability Research, 63:11 (2019)*

Occupational Therapy

**Capabilities for recovery-oriented practice in mental health occupational therapy: A thematic analysis of lived experience perspectives**
*British Journal of Occupational Therapy, 82:11 (2019)*

**Trauma-Focused Treatment for Individuals with Posttraumatic Stress Disorder: The Role of Occupational Therapy**
*Occupational Therapy in Mental Health, 35:4 (2019)*

**What is the Current State of Occupational Therapy Practice with Children and Adolescents with Complex Trauma?**
*Occupational Therapy in Mental Health, 35:4 (2019)*

Perinatal and Infant Mental Health

**Prenatal maternal stress and risk of neurodevelopmental disorders in the offspring: a systematic review and meta-analysis**
*Social Psychiatry and Psychiatric Epidemiology, 54:11 (2019)*

Personality Disorders

**Adult attachment anxiety moderates the relation between self-reported childhood maltreatment and borderline personality disorder features**
*Personality and Mental Health, 13:4 (2019)*
Processes of recovery through routine or specialist treatment for borderline personality disorder (BPD): a qualitative study

Psychology and Psychotherapy

Added value of Mindfulness-Based Cognitive Therapy for Depression: A Tree-based Qualitative Interaction Analysis
Behaviour Research and Therapy, Volume 122 (2019)

An Upper Limit to Youth Psychotherapy Benefit? A Meta-Analytic Copula Approach to Psychotherapy Outcomes
Clinical Psychological Science, 7:6 (2019)

Examining Positive and Negative Affect as Outcomes and Moderators of Cognitive-Behavioral Therapy and Acceptance and Commitment Therapy for Social Anxiety Disorder
Behavior Therapy, 50:6 (2019)

Predictors of disengagement from cognitive behavioural therapy for psychosis in a National Health Service setting: A retrospective evaluation

Psychopharmacology

New horizons in deprescribing for older people
Age and Ageing, 48:6 (2019)

Clozapine: why wait to start a laxative?

The Effect of Vitamin D Supplementation on Attention-Deficit/Hyperactivity Disorder: A Systematic Review and Meta-Analysis of Randomized Controlled Trials

Predictors of response to augmentation treatment in patients with treatment-resistant depression: A systematic review

Selective serotonin reuptake inhibitors and benzodiazepines in panic disorder: A meta-analysis of common side effects in acute treatment

Relationship between obsessive compulsive disorder and cortisol: Systematic review and meta-analysis
European Psychopharmacology, 29:11 (2019)

Schizophrenia/Psychosis

Risk of Psychosis Among Refugees
JAMA Psychiatry, 76:11 (2019)
Personality and the Expression of Symptomatology in Schizophrenia and Bipolar Disorder
The Journal of Nervous and Mental Disease, 297:11 (2019)

Empathy for others’ pain is disrupted at the neurophysiological level in schizophrenia

Schizophrenia (Review Article)
New England Journal of Medicine, 381 (2019)

Childhood Trauma and Neurocognition in Adults With Psychotic Disorders: A Systematic Review and Meta-analysis

Rates of hepatitis B and C in patients with schizophrenia: A meta-analysis
General Hospital Psychiatry, 61 (2019)

Ethnic inequalities in the incidence of diagnosis of severe mental illness in England: a systematic review and new meta-analyses for non-affective and affective psychoses

Self-harm and Suicide

Mediators of increased self-harm and suicidal ideation in sexual minority youth: a longitudinal study
Psychological Medicine, 49:15 (2019)

Poverty and suicide risk in older adults: A retrospective longitudinal cohort study

Self-Injurious Behaviors and Adult Attachment: A Review of the Literature
Archives of Suicide Research, 23:4 (2019)

Service Development and Delivery

Risk of homelessness after discharge from psychiatric wards in Denmark: a nationwide register-based cohort study

A survey of nursing and multidisciplinary team members' perspectives on the perceived contribution of intellectual disability clinical nurse specialists

Evaluation of a national training programme to support engagement in mental health services: Learning enablers and learning gains

Social Work

Experiences of social work intervention among mothers with perinatal mental health needs
Health and Social Care in the Community, 27:6 (2019)
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